

Seventy-seven associational study groupings had a total of 216 outcomes (short-term, intermediate, or long-term), including 174 positive, 3 negative, and 39 neutral associations.

**Environment and Policy Indicators**

**Increased Street Connectivity**  
*(e.g., fewer cul de sacs, multiple routes, accessibility)*

**Increased Intersection Density**  
*(e.g., number of street intersections)*

**Longer Block Size**  
*(e.g., length of street segments)*

**Increased Pedestrian Infrastructure Composite**  
*(e.g., block size, intersection density, connectivity, sidewalks)*

**Increased Neighborhood Aesthetic Quality**  
*(e.g., greenery, visually pleasing environment)*

**Increased Access to Sidewalks**  
*(e.g., presence and quality of sidewalks)*

**Increased Access to Street Parking**  
*(e.g., angled parking or parallel parking)*

**Short-term Outcomes**

7 + 3 x 0 -

47 + 6 x 0 -

7 + 0 x 0 -

15 + 2 x 1 -

2 + 0 x 0 -

3 + 2 x 0 -

2 + 0 x 0 -

4 + 0 x 0 -

3 + 1 x 0 -

6 + 0 x 0 -

1 + 0 x 0 -

37 + 11 x 1 -

1 + 0 x 0 -

3 + 1 x 0 -

29 + 13 x 1 -

2 + 0 x 0 -

4 + 0 x 0 -

1 + 0 x 0 -

**Intermediate Outcomes**

**More Physical Activity**

- General physical activity  
16 + 4 x 1 -
- Meeting physical activity recommendations  
8 + 3 x 0 -
- Vigorous intensity physical activity  
8 + 0 x 0 -
- Moderate to vigorous physical activity  
13 + 1 x 0 -
- Light intensity physical activity  
5 + 1 x 0 -
- Outdoor physical activity  
1 + 0 x 1 -
- Jogging/running  
0 + 1 x 0 -
- Active transportation  
28 + 8 x 0 -
- Walking  
52 + 12 x 1 -
- Meeting walking recommendations  
2 + 0 x 0 -
- Cycling  
2 + 4 x 0 -
- Playing sports  
0 + 1 x 0 -

**Trail Use\***

**Stages of Change\***

**Transit Use\***

**Less Sedentary Behavior**

Inactivity  
4 + 0 x 0 -

**Long-term Outcomes**

**Less Overweight and Obesity**

Body mass index  
29 + 4 x 0 -

\*Transit use, trail use, and stage of change for physical activity were included as short-term proxies of physical activity. No other short-term outcomes are not reflected in the peer-reviewed literature.

**Key:**

- + Positive Association
- x No Association
- Negative Association

**Figure 22B: Street Design**